Dale was raised on a dairy farm in Kamas, Utah. As the third of seven brothers, he learned to get up before the sun and to work late. This ethic led him to the school honor roll and to success in sports and forensics. He spent two years as a missionary for his church in New York City, then attended Weber State and BYU, where he graduated with a Masters in Education. As an educator, he spent ten years with CES in administrative and classroom positions, teaching youth aged 13 years to adult. During a subsequent successful career in the financial services industry, Dale witnessed dramatic changes and events which focused him again on education and prompted him to agree to run for the school board.

Dale is father to three daughters and eight sons with the late Susan Leavitt and has 22 grandchildren. After observing his children's education in many schools and 4 school districts over 37 years, Dale has seen how good teachers and coaches have helped his children excel. His youngest son is currently serving a mission, the eighth son to do so. Dale is married to Daylene (Dewey) Ure.